Pause and give me time

A little space can make room for communication.

WHY TRY IT?

Pausing gives your child space to process your message and contribute in their own way.

TRY SAYING

The car is fast! … [pause]



1 Say a little

Use a short comment or a clear question.

2 Pause

Stop talking and wait attentively without rushing.

3 Notice their message

A gesture, sound, sign, word or communication aid can carry a message.

4 Respond

Acknowledge their meaning and keep the interaction going.

TRY IT EVERY DAY

Pause during play, after a comment about a book or after a short instruction.

KEEP IN MIND

Some children need longer. Avoid filling every pause or repeating straight away.